

We can help

Solutions for success
your

There are many who have difficulties and frustrations as a result of impaired vision. Fortunately, many have been referred to MAB and have found solutions.

Low vision devices include handheld and stand optical magnifiers, closed circuit television reading machines, high illumination lamps, special glare reducing sunglasses, and other solutions to maximize use of vision for success in daily functioning.

Clients are charged a nominal fee for the initial assessment and for any optical aids. If a client cannot afford these expenses, assistance is available. Low vision follow-up services are provided as needed within six months of initial assessment.

Should you wish to receive services, you will meet with a case manager who will explain all the programs that are available such as low vision, adjustment to vision loss, daily living skills training, and travel in the community.

To refer yourself or someone who could benefit from low vision services, contact the

**Metrolina
Association
for the Blind**

704 Louise Avenue
Charlotte, NC 28204
(704) 887-5100
www.mabnc.org



A United Way Agency since 1939



Low Vision

Alene Kelly's active lifestyle was seriously disrupted when she lost her central vision. She had difficulty reading her mail, recognizing faces, and performing other tasks previously done with ease.

With comprehensive low vision services from the Metrolina Association for the Blind, Alene was able to resume doing many of the things she did before her vision loss.

If you or someone you know is experiencing problems because of decreased vision, please contact us for assistance.

High Success

Is vision loss causing difficulty?

Are you or someone you know having difficulty performing routine things that used to be done with ease such as:

- Reading the mail?
- Watching television?
- Recognizing people?
- Writing?
- Paying bills?
- Preparing meals?
- Seeing street signs?
- Walking up and down stairs?

Are you bothered by:

- Glare?
- Reading lamps which no longer seem bright enough?

Has the difficulty performing these routine daily tasks caused you or someone you know to:

- Feel down or hopeless?
- Have less interest or pleasure in activities?
- Avoid involvement out of fear of injury or embarrassment?

If the answers to any of these questions are "yes," services are available to assist you or someone you know in resuming these activities.

Adapted from SightCare, The Jewish Guild for the Blind



Marie Smith, an avid reader, is a client of the Metrolina Association for the Blind (MAB). She clearly exemplifies the success that comprehensive low vision services can provide. Low vision services helped enhance her ability to use her vision to the maximum extent for the many daily tasks she encounters.

Marie's vision started to deteriorate in her mid-sixties due to age-related macular degeneration. She began having difficulty reading and feared that ultimately she would not be able to continue her lifelong passion. As a result, she became very discouraged and depressed.

Her ophthalmologist made a profound positive impact by referring her to MAB. Following a comprehensive assessment, Marie received training in using various low vision devices including the closed circuit television reading machine shown above.

She credits MAB's support as being responsible for her fully resuming her love of reading and for enabling her to continue her independent lifestyle.

High Success